

Division of Nephrology and Hypertension Newsletter

December 2021 – Issue 3

December is here...

Happy Holidays! Check out some of our fabulous news and important highlights!



Countdown to Christmas 12/25: 15 days

Countdown to Kwanzaa 12/26: 16 days

Countdown to New Year's 1/1: 22 days

Division Announcements

Thurs – Fri, Dec. 9 & 10 Division Holiday Gift Giveaway 9a-2p in Nephrology Conference Room MCN B-3127

Fri, Dec. 10 Holiday Gift Giveaway 6 am-midnight behind Langford Auditorium or behind Light Hall

<https://hr.vumc.org/news/2021-holiday-gift-giveaway>

Monday, Jan 10 Faculty Meeting Rescheduled date

Fellowship News:

From the desk of Drs. Lewis/Burgner

We had another excellent fellowship match season. Thanks to all the faculty and AA support (a huge thanks to Tammy, Lindsey, and Karen) we fully matched. We are excited to announce the July 1, 2022 fellowship class:



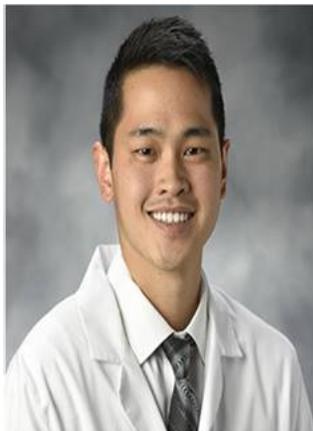
Sarah Abu Kar



Maryn Garnder



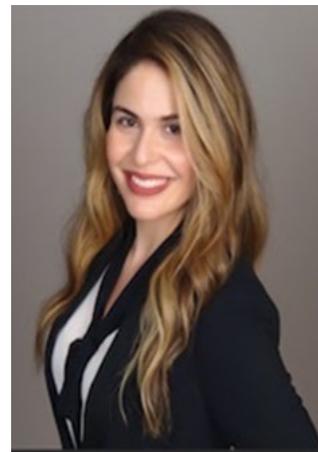
Connor Grantham



Russell Leong



Barbara McMullan



Gilda Portalatin



Nicole Wyatt

Diversity News:

From the desk of Dr. Umeukeje

Diversity Events: Check out some great Diversity events and opportunities for the month of December. Attached is a poster for the most recent happenings at VUMC.

Research News:

Research Training:

We are now accepting Summer 2022 applications for SRTP from Medical students through January 17, 2022

<https://redcap.vanderbilt.edu/surveys/?s=FNCM8WNJEPN9T4DW>

Kudos:

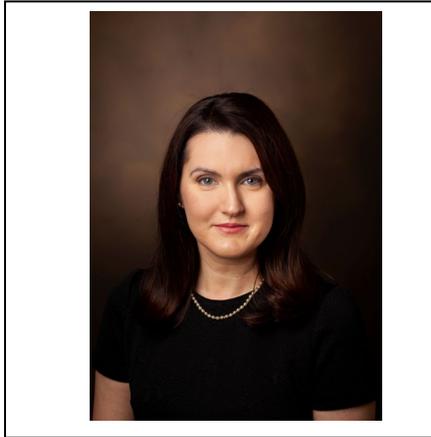
Congratulations to Dr. Ebele on being invited to join the American Journal of Kidney Diseases (AJKD) Editorial Board starting January 2022!

Research Publications:

Dr. Eman Gohar's lab has a research article accepted in the Journal of the American Heart Association. This paper shows that the female sex confers a greater ability to maintain sodium homeostasis during acclimation to dietary sodium challenges. This study also identifies that the intrarenal endothelin-I natriuretic pathway is enhanced in females. Title: Acclimation to a High Salt Diet is Sex Dependent.

Spotlight Newsletter Recipients

Marika Manolopoulou, MD



Marika Manolopoulou MD is an Assistant Professor of Medicine on the Clinician Educator track within the Division of Nephrology and Hypertension and has been at VUMC since 10/1/2021. (3 years and 1 month if you count fellowship). Dr Manolopoulou earned her medical doctorate at Chicago Medical School. She completed her internal medicine residency at Loyola University in Chicago and her clinical and research nephrology fellowship at Vanderbilt University Medical Center. Although originally from Athens Greece, she calls Chicago home as she has lived most of her life there. She knew she wanted to specialize in Nephrology because the nephrologists she met were some of the

smartest, well-rounded physicians and she aspired to be like them. Her clinical and research interests are in the treatment and pathophysiology of chronic kidney disease and glomerulonephritides. She has a particular interest in apheresis. As a nephrology research fellow at Vanderbilt University Medical Center, she was involved in a project that aimed to define the mechanism of proximal tubular injury effect on the cell cycle and its connection to fibrosis under the guidance of Dr Gewin. She has published her research in peer reviewed journals and presented in national conferences. Dr Manolopoulou attends clinic at The Vanderbilt Clinic as well as inpatient services at VUMC. She is settling in her new role as our Divisional Compliance Expert. Dr Manolopoulou enjoys baking, travelling, spending time with family and friends.

Ewanda Swoopes



Ewanda Swoopes has been at VUMC for 21 years as a member of the Nephrology Clinical Trials Center (NCTC). She is an integral part of NCTC as a Clinical Trials Associate where she performs a variety of duties supporting the performance of clinical trials including the collection and submission of regulatory documents to various sponsors, processing of specimens, scheduling patients and reminding them of their appointments, data entry, and ordering lab supplies. Ewanda received the Nephron award from the Division of Nephrology for her contributions and was on the 2021 Nephron Award Committee. Ewanda enjoys baking, exercising, and helping others.

VUMC Equity Diversity & Inclusion – December 2021

Universal Human Rights Month

"Where, after all, do universal human rights begin? In small places, close to home -- so close and so small that they cannot be seen on any maps of the world. [...] Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world."

Eleanor Roosevelt

December 2021

- 11/29-12/6 – Hanukkah
- 1 – World AIDS Day
- 3 – International Day for People with Disabilities
- 8 – Feast of the Immaculate Conception (Roman Catholic)
- 8 – Bodhi Day (Buddhist)
- 10 – International Human Rights Day
- 16-24 – Las Posadas (Mexico)
- 21 – Yule Winter Solstice (Pagan)
- 25 – Christmas (Christian)
- 26 – Kwanzaa begins
- 26 – Boxing Day, The Feast of St. Stephen (Roman Catholic)
- 31 – New Year's Eve

December is Universal Human Rights Month, a time for people in the U.S. and around the world to join together and stand up for the rights and dignity of all individuals. December 10, Human Rights Day, is a global holiday that marks the adoption of the Universal Declaration of Human Rights by the United Nations in 1948.

Each year, Human Rights Day has a different theme. Last year, the focus was on young people and how you're never too young to make a difference to the world. In 2021, Human Rights Day is focusing on **how rights are the beginning of peace within societies, and a way to create a fairer society for future generations.**

Learn more:

<https://www.un.org/en/observances/human-rights-day>

DISABILITY ERG

For more info, or membership interest, visit: [Disability ERG](#)

For Employees with Disabilities
Thursday, December 2nd, 12PM

<https://zoom.us/j/91917517122?pwd=eUZmVmJqNFNlZW9yZy90VkJkFDNUgrUT09>

Meeting ID: 919 1751 7122
Passcode: 729803

Questions: disabilityerg@vumc.org

PRIDE

For more info and to sign up for the group's membership survey, visit: [PRIDE ERG](#)

Monthly Meeting: TBD

Join Our Book Club!
Reading *Real Queer America*

Please join us in discussing the first five chapters of *Real Queer America* by Samantha Allen.

[Dec 10, 2021, 12pm](#)

LUV

Latinos Unidos en Vanderbilt

For more info, or membership interest, visit: [LUV ERG](#)

Monthly Meeting

Thursday December 16, 12pm

[Teams Meeting Link](#)

Article:

[Latinos Face Disproportionate Health and Economic Impacts From COVID-19](#)

VETERANS

Resource Group

Celebrations and Honors

For more info, or membership interest, visit: [Veterans ERG](#)

December

- 1 - Civil Air Patrol (USAF Auxiliary) Birthday
 - 7 - National Pearl Harbor Remembrance Day
 - 13 - U.S. National Guard Birthday
 - 18 - National Wreaths Across America
- Read more: [Military Calendar](#)

For Veterans Day 2021, we again honored our VUMC Veterans through our 5th annual [Virtual Wall of Honor](#)

If any VUMC Veterans would like to be spotlighted on VUMC's social media channels please complete this survey: <https://forms.office.com/Pages/ResponsePage.aspx?id=MF8X7y>

AFRICAN AMERICAN ERG

For more info, or membership interest, visit: [AA ERG](#)

MISSION: To accelerate VUMC's Strategic Directions of "Making Diversity and Inclusion Intentional," the African American Employee Resource Group will cultivate the development of teams, reflecting our population, to empower, motivate, inspire and maximize the potential of African American employees within the organization.

Contact us here: AAERG@vumc.org



HAAPI

Healthcare Alliance of Asian Americans and Pacific Islanders

For more info, or membership interest, visit: [HAAPI ERG](#)

Related activities will be posted in our website

Join Now!

Complete this brief survey if you are interested in joining our group by clicking on the link below or using the QR Code: <https://redcap.link/BeHAAPI>

This link ([AAPI - Gauge AI](#)) is a resource for those seeking to learn and celebrate our Asian American and Pacific Islander Heritage. It includes testimonies, reading resources, and ways to support and engage.



United Voices of Vanderbilt Choir

For more info, or membership interest, visit: [UVOV Choir](#)



In memory of Ronnie Yates, UVOV Choir Director, we would like to share this video honoring his life.

<https://www.vumc.org/elevate/aug-ust-2021-leadership-assembly>

Please contact uvovchoir@vumc.org for more information